Onion River Road

Distance: 7 miles

Estimated Time: 30-60 mins

Difficulty: Easy

Surface Type: Forest Service road

Special Notes: Easy, family-friendly ride with several fun side-trip opportunities. A great introduction to Cook County backroads cycling opportunities. Outhouse facility at the trailhead. Please remember riding on the Superior Hiking trail is not allowed.

Directions to Trailhead: Located between Lutsen and Tofte, Onion River Road (Forest Road 336) heads north off of Highway 61 about a quarter-mile east of Lutsen Sea Villas. Although you can ride the road directly from Highway 61, the route described starts at the Oberg Mountain Trailhead parking area, 1.5 miles up the road.

Route Description: Turn left out of the parking lot. The first mile is scenic and diverse. After going through a low area with spruce and alder forest, you climb into the hardwood maples. In fact, you are riding through the Sugarbush Ski Trail System. Keep an eye out for moose tracks along the road. At the 1.5 mile mark you will cross a ski trail. The road is now paralleling the Onion River to your left.

After another mile, you will cross a snowmobile trail. A short detour to the left will bring you to the headwaters of the Onion River. Another mile or so will bring you to the end of the road, where there is a turnaround. Adventurous riders can extend the ride another half-mile beyond the end of the road on an old trail that connects up to a snowmobile trail. We recommend turning around at the snowmobile trail.

Trace your tracks back to the parking area.

Two fun side trip options: From the trailhead, hike to the top of Oberg Mountain (2 miles). Or follow the power lines that you drive under to the west; it is a short hike to the cascades of the Onion River.
***Note: There’s a typo on the map above. The spot labeled “Ray Bergland State Park” is actually Ray Bergland State Scenic Wayside.